

Spiritual Direction

“Spiritual direction is a ministry of listening, discernment, and prayer in a confidential setting of encouragement and compassion. Through this ministry one finds a spiritual companion who can listen to the stories of one's life and help discern the presence and work of God's Spirit. Though we believe God is always calling us and leading us, sometimes we need a "soul friend" to help us to recognize God's voice and respond to his presence. This companion intentionally sets aside the concerns of his or her own life to listen and attend to the experience of God in the life of the other. The ministry of spiritual direction is the ministry of being such a listener and friend. The goal of spiritual direction is that those who enter into direction would grow closer to God and become more the persons God created us to be in Jesus Christ.”

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